

Subject: PE (1-20 = Athletics; 21-40 = Tennis; 41-60 = Officials)

Question		Question	
1	In the Javelin "Run to plant" phase, what step does the athlete use?	21	In which direction must a serve be hit?
2	What shape should the outgoing runner's hand make during a relay exchange?	22	What is the swing path for a forehand shot?
3	Why should you not sprint the entire duration of an endurance race?	23	How many Grand Slam singles titles has Serena Williams won?
4	In the Javelin plant, which foot is placed on the ground?	24	What is the primary purpose of the "Ready Position"?
5	What happens to the arms during the "Drive" phase of a Discus throw?	25	How many weeks did Roger Federer spend as World Number 1?
6	What is the maximum number of times a thrower might spin in Shot Put?	26	Where must the ball bounce during a serve?
7	Describe the body position during the Shot Put "Push off."	27	How many Olympic Gold Medals has Serena Williams won?
8	How does the incoming runner place the baton into the next runner's hand?	28	What is the total length of a tennis court?
9	Which specific throw is used for distance, such as in the Javelin?	29	Most players use a two-handed backhand, but which pro uses a one-handed grip?
10	What kind of motion is used in a "Fling throw"?	30	After playing a shot, where should you return to on the court?
11	When should you sprint during an endurance race to get a better place?	31	How many career titles has Roger Federer won in total?
12	In Javelin, what is done with the arm during the cross-step?	32	To win a game, how many points clear of their opponent must a player be?
13	What motion does the body make during the Discus "Drive"?	33	How many Grand Slam doubles titles has Serena Williams won?
14	What does the thrower do with the javelin during the "Plant"	34	What is the total width of a tennis court?

	phase?		
15	What is the primary motion used in a "Push throw"?	35	How many ATP Finals has Roger Federer won?
16	In Discus, what does the thrower do to their body during "Release"?	36	How many Grand Slam finals did Federer reach in a row?
17	For which throw is maximizing distance <i>not</i> the main goal in this scheme?	37	Besides singles and doubles, what is the third format played at Grand Slams?
18	What is a "Fling throw" often used for outside of athletics?	38	How high is the tennis net?
19	Name two specific endurance distances mentioned for general pacing.	39	How many consecutive weeks was Roger Federer World Number 1?
20	How many phases are listed for the High Jump?	40	What is the definition of a 'Game' in tennis?

Question	
41	Why is it important for an official to have a "smart" appearance?
42	What are the two types of effective communication mentioned?
43	What specific equipment is used for communication between assistant referees?
44	Why is fitness necessary for "seeing" what is happening in a game?
45	What must an official check regarding the weather?
46	When should a timekeeper adjust the time?
47	Besides the ball going out, what else does an assistant referee determine?
48	How does a video review official help a head referee?
49	Why is communication important for the players'?

	understanding of rules?
50	Under "Health and Safety," what is asked about a "First aider"?
51	What is the purpose of an official having "control of players"?
52	Identify three pieces of equipment an official must carry.
53	What does the organiser say about the speed of sports?
54	Why should an official check if players are "suitably dressed"?
55	What can fitness potentially prevent between players?
56	What is the specific duty of a "Judge"?
57	How does an official ensure a "fair game"?
58	What does "accountable" mean in the context of responsibility?
59	Why do officials need to be "well presented"?
60	What is the official checking when they ask if the "area" is safe?