

Subject: PE (1-20 = Athletics; 21-40 = Tennis; 41-60 = Officials)

Question		Question	
1	What is the optimal angle for a Javelin release?	21	Explain the hierarchy of winning a match (how points lead to a win).
2	Exactly how many rotations (turns) are performed during a Discus "Spin"?	22	In a Grand Slam, what is the difference between how men and women win a match?
3	What physical action causes the shot to be propelled during the "Thrust"?	23	Serena Williams has 39 Grand Slam titles in total; what is the breakdown of these titles?
4	Which throwing technique utilizes a "pulling motion" to generate power?	24	How many points must a player win to win a game (assuming they are 2 points ahead)?
5	During the Discus release, what does the arm do as the body straightens?	25	Which player is the most successful men's player according to the knowledge organiser?
6	How is the "Fling throw" delivered?	26	What technical advice is given for playing a backhand?
7	What is the "Push throw" typically used for in this specific scheme?	27	What are the two common ways to grip a backhand racket?
8	In the relay technique, what is the very first step of the four-step sequence?	28	How many Grand Slam titles has Roger Federer won?
9	In the relay technique, what is the very last step of the four-step sequence?	29	List the four Grand Slam tournaments in the order they are typically played (as listed in the text).
10	What is the goal of "pacing" in an endurance event?	30	What physical state should a player be in during the "Ready Position"?
11	Which foot is used to push off during the Discus "Spin"?	31	In standard play (not Grand Slams), how many sets usually win a match?

12	Describe the hand position of the outgoing runner in detail.	32	Which two sisters are the most decorated players in Olympic history?
13	What phase comes between the "Spin" and the "Release" in Shot Put?	33	What is a "lob" (described under the 'Grip' section of the text)?

14	What distance is specifically listed as an endurance event for women (W)?	34	A forehand is "usually" played with how many hands?
15	In the Javelin throw, what follows the "Plant" phase?	35	If a score is 40-15, how many points has each player won? To win, how many points clear does someone need to be?
16	What part of the thrower's body catches up with the legs in Discus?	36	
17	How many phases are listed for the Shot Put?	37	How many weeks total did Federer spend at the top of the rankings?
18	Name three phases of the Triple Jump as written in the KO.	38	What is the first step in performing a serve?

19 Which throw type involves the arm and body moving in a "whipping" motion?

20 What is the specific purpose of the "Arch" mentioned in the Javelin section?

Question

41 Explain the link between an official's fitness and player safety.

42 Describe how a Video Review Official ensures the "correct decision" is made.

43 What are the four main categories of "Responsibilities of an Official"?

44 Contrast the roles of a Timekeeper and a Scorer.

45 Why is verbal communication specifically mentioned as a responsibility?

46 What does "having control over someone" refer to in the document?

47 How does an assistant referee assist in a tennis match?

39 What is the "swing path" for a backhand? 40 Name a grand slam competition.

48 Identify three negative outcomes that can occur if an official loses control of a game.

49 What must an official ask themselves regarding their own preparation?

50 Who is responsible for determining if a match is "safe to go ahead"?

51 How does a "smart" uniform and tidy appearance contribute to an official's role?

52 Explain the importance of "non-verbal" communication for an official.

53 What does the timekeeper do during "temporary stoppages"?

54 Why might an official need a 2/3-way radio?

55 How does a scorer or judge determine a winner differently than a referee?

56 What is the specific reason given for an official needing to "keep up with the game"?

57 How does an official use communication to address player errors?

58 What is the "head referee's" relationship with the video review official?

59 Which responsibility involves checking player "boots"? 60

Summarize the main goal of all official roles mentioned.