



Parent News: Friday 11th June 2021

Dear Parents/Carers

I do hope that you all managed to have a lovely half term and were able to spend some time enjoying the glorious weather. As the weather has continued to be very warm, we have taken the decision to allow students this week to remove ties and blazers and leave these at home if they would prefer. We will review this decision on a weekly basis and let you know by Friday afternoon the position for the following week. Based on the forecast for next week I can confirm that up to and including Friday 18th June blazers and ties will not be required. All other aspects of school uniform and standards remain the same.

I would like to thank you all for your support and cooperation in using just Rectory Lane as the entrance and exit to the school. Standing on Rectory Lane every morning has enabled me to have a number of conversations with some of you and it has been a pleasure to see how very respectful both pedestrians and car users have been of each other.

I have spoken to all students in all year groups in assembly this week about the importance of “owning your story”. What I have explained is that your actions and words become your story for life and so it is incredibly important that kindness is always at the heart of your own story. I have used the example of the cricketer, Ollie Robinson, who sent offensive tweets 9 years ago when he was a teenager and how, as a result, he has now been removed from the England Cricket Team. I never want any of our students to regret their actions as teenagers and for them to impact negatively on them as adults.

Hopefully you will have all read and received the email from our Chair of Governors at the end of last week advising you of the appointment of the new Headteacher from 1st September, Mr Bhavin Tailor. I have a number of meetings scheduled with him and he will be visiting the school across this half term in order to make sure that the handover is effective and runs smoothly. I know that he will continue to move the school forward and work with you all as the #teambrokenhale community.

Finally, I am very pleased to announce that both Mrs Duffy and Dr Robson have both had their babies! Mrs Duffy now has a beautiful son and Dr Robson a daughter; all are doing very well.

Student of the week:

Isabelle Bennett 9K - Getting through to the trial for the under 16 girls GB Ice Hockey team. A huge achievement and we wish her lots of luck.

Fab:

- We are proud to be able to join the big family at The Brakenhale School, my son is thrilled about being accepted as a student in the current academic year, he is looking forward to starting his exciting learning journey next week!
We would like to extend our heartfelt thanks to the staff for their valuable time sharing with us their views on how to be a successful young learner at The Brakenhale School. The way they motivated and encouraged him is very much appreciated.

Staff member of the week:

Dr Robson Because she is a hardworking teacher even if she is pregnant or tired.

Mrs Bounds For going above and beyond to help my daughter through a difficult few weeks. Her support and kindness has been an amazing help.

Quote of the week:

'Wear gratitude like a cloak and it will feed every corner of your life'.

Have a great weekend.

Best wishes,

Jane Coley, Headteacher

What's on next week

Next Week : A

Friday 11th to Sunday 13th June	Silver Duke of Edinburgh Expedition
Monday 14th June	School Nurse Drop-in Clinic, lunchtime
Tuesday 15th June	CCF, 3.30-5.30pm
Wednesday 16th June	Year 9 Army Engagement Programme
Thursday 17th June	Year 8 Parents' Evening

Covid Testing

Please continue with twice weekly Covid Testing and submit results via [Test Register](#). If students or staff need additional tests they should collect them from the Medical room.

The government advised the following:

As lockdown eases, taking a rapid COVID-19 test twice a week, even if you do not have symptoms, will help us stay ahead of the spread of the virus, particularly as new strains appear. Around 1 in 3 people with COVID-19 have no symptoms and are spreading the virus without knowing. This includes those who have had their vaccine.

Traffic Delays Expected

Please be aware that residents have been informed of road works starting on the Bracknell Sports Centre main roundabout on Monday 5th July for 14 weeks.

This is already busy in the mornings so parents/carers may want to be aware to expect long delays or take an alternative route.

One Step Closer – Town Centre Mission

We would like to extend a huge thank you to One Step Closer for their gift of cakes to thank the staff for the care they have given to the children and families during this difficult season.

They have been praying for us and would welcome specific prayer requests to be included in their prayers.



Outgrown / Unwanted Uniform and PE Kit; Tie Donations

If you have any outgrown or no-longer-needed school uniform (including Blazers) or PE kits, please would you kindly consider donating them to the school. We would also appreciate any **tie** donations. Items can be handed in to Mrs McCrorie in the book room at the back of the LRC on the first floor. Thank you.

Mrs McCrorie, Curriculum Support



Positivity at Lunchtimes

Activities

The Traversing Wall, Muga Pitches, Table Tennis and courts are all available to use during lunchtimes. Students can access the facilities on a year group rota so please do refer to timetables sent out and displayed within the areas to see when students are able to use them.

Table Tennis balls are available to purchase at the very reasonable price of £1.00 for 2 balls from Mrs McCrorie either in the LRC Book room or during lunchtime duty.

It has been so very rewarding to see all the students enjoying this together in their own bubbles.



Benches

During the half term holiday we had a large delivery of sustainable benches and more picnic benches which have been placed around the site. It is lovely to see so many students sitting down together in their bubbles enjoying lunches outside.

Positive Behaviour

We continue to reward many students during lunchtimes, rewarding and promoting positive behaviour. So far this academic year 902 were rewarded during lunchtimes so well done to those students who received them.

On behalf of myself and the rest of the team of midday supervisors, we wish you a happy, safe, enjoyable and positive lunchtime.

Thank you.

Mrs McCrorie, Curriculum Support



Equality, Diversity and Inclusion Corner

PRIDE MONTH

Pride Month continues, albeit in a slight different way to what we might know. If you've passed Time Square and seen Bracknell Forest Council's office building, you may have noticed that they changed their flag to celebrate pride month. I'm not going to steal Mrs Lewis and Miss Bunkell's thunder here, but I'm very excited Brakenhale's Identity Group will be re-launching (more to follow).



On a serious note, HIV is an illness that affected the LGBTQ+ community significantly during the 1980s/1990s. It is an illness that affects all communities across the UK and the world. It is estimated there are 105,200 living in the UK who have HIV (94% of them are diagnosed, this means 1 in 16 people living with HIV don't know they have the virus).

There are so many misunderstandings and falsehoods about HIV such as, 'it's a gay disease,' or, 'you can catch it from hugging someone with HIV.' These are simply not true and are misconceptions spread by social media. There is sadly a huge social stigma attached to HIV, over the course of my career I have worked with children and adults who have been living with HIV. The stories they shared with me, around the stigma and abuse they experienced, still haunt me. As we strive to create an equal, inclusive, tolerant society, as I say many times, we must call out hate, discrimination and prejudice wherever we see it.

If you'd like to learn more about HIV a great starting point is the NHS website, which gives a brief but accurate overview of HIV: <https://www.nhs.uk/conditions/hiv-and-aids/>

Some of my Year 9 students are currently exploring the exciting world of Black History and Culture. So far we have looked at explorers such as **Mae Jemison** (first black woman to go to space) and **Jessica Nabongo** (first black woman to visit every single country in the world - what an achievement, I'm very jealous). Last lesson we started looking at designers (engineers, architecture and fashion designers). I was quite excited to be able to include one of my favourite fashion designers into the lesson, **Ozwald Boateng**.



Official NASA portrait in the public domain



Oswald was born in London to parents of Ghanaian descent. During his early life he sadly experienced racism and discrimination, simply because of the colour of his skin. He did not let this deter him from his plans and eventually he became one of the youngest men and first black man to open a shop on Savile Row; his flagship store is still there today. For over 10 years he was followed by a film crew who documented the ups and downs of him achieving his goal. If you're looking for something good to watch this weekend, why not watch Oswald Boateng's documentary, 'A Man's Story.' You'll soon be able to see Oswald's impeccable tailoring and design skills with British Airways, as he's designing their new uniforms.

Image Author: <https://www.flickr.com/photos/financialtimes/>
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Mr Vegh, Head of EDI and Mrs Lister, SLT

YOUNG INTERPRETERS CLUB



Every Friday at lunchtime in F05

At Brakenhale we value the diversity of cultures and the importance of using first language. Therefore The Young Interpreter Club gives a chance to our lovely students who speak different languages to gather, practice their languages and do activities with other students.



School Nurse Drop-in Clinic



At: Lunchtimes
In: Intervention Room 3
On: Monday 14th June
Monday 28th June
Monday 12th July

Students can just drop in to visit the Nurse during their lunch break.

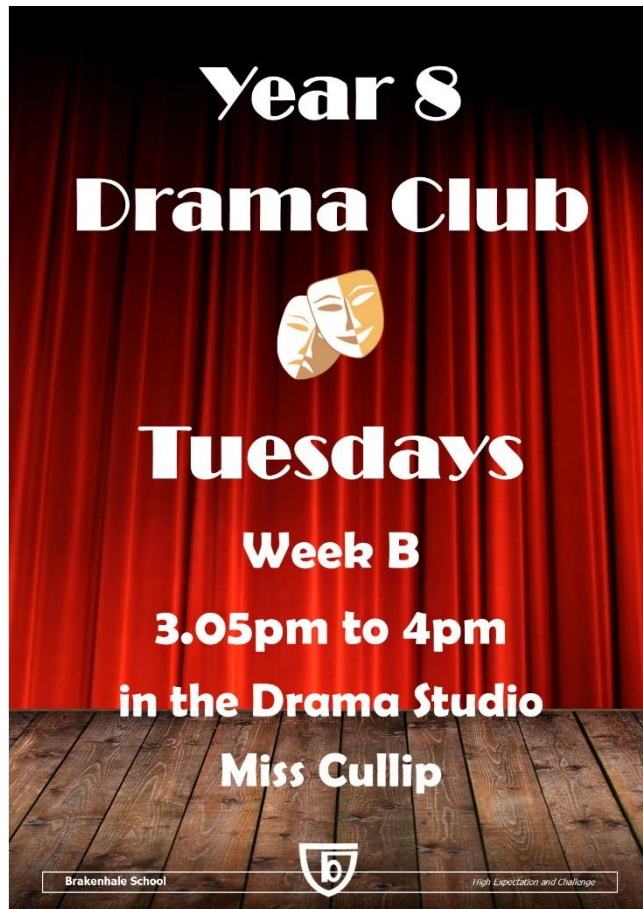
The School Nurse will offer information, guidance and support on issues such as general health, alcohol and substance misuse, healthy eating, smoking cessation, relationships, sexual health, and emotional wellbeing as appropriate.

(Please note the Drop-in will not administer any contraception or carry out STI or pregnancy testing).


Drama Clubs – Week B only

Please note that Year 7 and 8 Drama Clubs will only be running on Week B and finish at 4pm.


Miss Cullip, Drama Teacher



**Year 8
Drama Club**



Tuesdays
Week B
3.05pm to 4pm
in the Drama Studio
Miss Cullip

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**Year 7
Drama Club**



Thursdays
Week B
3.05pm to 4pm
in the Drama Studio
Miss Cullip

Brakenhale School  High Expectation and Challenge

Identity monthly meets

Identity is a club that welcomes all. We meet each month. However, you can come to see us at any time - for a catch up, to discuss something that has been bothering you, to bring something to our attention, to ask questions.

If you haven't heard of us before, Identity is a group run by Mrs Lewis and Miss Bunkell.

Anyone is welcome to attend, if you are LGBTQ+ or a friend of the community.



Next meets:

- Tuesday 15th June - come along to F10
- Tuesday 13th July - film night TBC

Want to be the one to design the new logo for Identity?

Here's how:

We are looking for a logo to represent our core values of equality, fairness and respect for all identities, this may even include a slogan too - up to you.

Send in your designs to Mrs. Lewis or Miss. Bunkell

Deadline: Friday 9th July.

PE Update

Dear students and parent... Welcome to half term 6!

This final half term of the year is actually quite a busy one for PE and all subject departments for that matter. With Year 11 and 13 having now fled our nest, we have time to review and make new for next year, but also time to plan lots of great things in PE. Sports day (7th July) is coming up, as well as the very first Brakenhale RAG week (week beginning 5th July) which is being planned by myself and the fabulous Mrs Lister. It is these whole school events that really bring our community together and show what a fabulous school we have.

The weather is also very kind to us, sometimes to kind and I ask that parents ensure students have 2 water bottles and also apply sun cream if they have PE on hot days. We always ensure a safe lesson first and foremost come rain, shine or snow (!) and will utilise various locations, types and styles of lessons to keep our students and staff safe in the sun.

Our ME in PE assessment strands this term continue to embed themselves in lesson and staff have reported some fabulous PHYSICAL performances in cricket, tennis, athletics, softball and rounders, as well as having seen some superb LEADING skills whereby our focus is developing sound and coherent leadership skills within our subject.

Our exam PE classes are still working hard with the Year 10 BTEC groups completing their unit 6 leadership sessions, our GCSE PE group have moved onto coursework and our Year 12 CTEC group have finished their second major unit of the year. Our Year 12 sports leaders are about to have their quality assurance review to finish off their course as well.

Our PE Champions of the Week are still being awarded weekly and have been a pleasure to select and give out all year. It is a genuine pleasure for my staff and I to identify and celebrate so much great work that goes on in our lessons.

The only fly in the ointment since we have come back so to speak was the cancellation of our long awaited school sport fixtures returning. Due to a virus increase around Bracknell Forest, fixtures against other school have been cancelled for the time as they are deemed too much of a high risk. Myself and the department staff were and are gutted this has happened, but we may be able to squeeze some in, come July, when fingers-crossed things will have been reviewed and hopefully settled back down. There is however the Euros to look forward to and the hope of a great tournament for England this summer.



Final reminders from me about kit and clubs are below; I wish you all a fabulous final half term with Brakenhale PE.

Mr Potter

Kit reminders...
Brakenhale PE kit (non negotiable)
Black PE top ✓
Black PE 1/4 zip or jumper ✓
Black skort/leggings(G) ✓ OR
Black shorts/joggers(B) ✓
White/Black PE socks ✓
Trainers ✓
Can do attitude ✓
Smile ✓
Bring a valid, dated and signed note for medical exemption ✓

Clubs reminders...
Bring your PE kit ✓
Tell your parents ✓
Get changed in designated changing rooms ✓
Bring someone else ✓
Sign in with PE for register and positives ✓


Extra-Curricular Timetable for this half term


 BRAKENHALE PE DEPARTMENT - AFTER SCHOOL CLUBS - HALF TERM 6 - 2020-2021 					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Lunch time (1330-1400) Ties & blazers OFF, trainers ON!</p>					<p>YEAR 10 Activity: GCSE Practical Club Location: SH Staff: JBO/LRU</p>
<p>AFTER SCHOOL (1515-1630) Full kit needed to participate ***4pm FINISH for Trampoline*** Please can you: Bring your FULL kit to take part Let YOUR parents know you are coming Register with PE staff to get your house points for attending</p>	<p>No clubs due to staff meetings!</p>	<p>YEAR 7 Activity: Badminton Location: Sports Hall Staff: CPI & CBU</p> <p>YEAR 8 Activity: Football Location: Field Staff: CMY</p> <p>Activity: Fitness Location: fitness suite Staff: LRU</p> <p>YEAR 9 Activity: Football Location: Astro/field Staff: CMY</p> <p>Activity: Netball Location: MUGA Staff: NLA</p> <p>Year 12/13 Activity: Boxing/fitness Location: JNS Staff: ABI</p> <p>YEAR 10 Activity: fitness Location: fitness suite Staff: MPO <i>(This is 4pm-5pm after P6 and will be reviewed based on numbers)</i></p>	<p>YEAR 7 Activity: Cricket Location: Astro/nets Staff: KWH</p> <p>Activity: Netball Location: MUGA Staff: ABT</p> <p>YEAR 8 Activity: Basketball Location: Sports hall Staff: CBU & SNA</p> <p>YEAR 9 Activity: Softball/Golf Location: Field Staff: JBO</p>	<p>YEAR 7 Activity: Football Location: Astro Staff: JBO & CCO</p> <p>Activity: Lacrosse Location: Field Staff: ABT</p> <p>YEAR 8 Activity: Rounders Location: Field Staff: KWI</p> <p>YEAR 9 Activity: Cricket Location: Astro/nets Staff: KWH & CBU</p> <p>YEAR 10 Activity: fitness Location: fitness suite Staff: CMY <i>(This is 4pm-5pm after P6 and will be reviewed based on numbers)</i></p>	<p>No clubs due to PE exam revision and catch up sessions!</p>
<p>Wet weather space for clubs!</p>		<p>7 - Sports hall - CPI/CBU 8/9 - Trampoline - TC - CMY/NLA/LRU 10 - Fitness Suite - MPO 12/13 - JNS - ABI</p>	<p>7 - Fitness Suite - ABT/KWH 8 - Sports hall - CBU/SNA 9 - Trampoline - TC - JBO</p>	<p>7 - Trampoline - TC - JBO/CCO/ABT 8 - Trampoline - TC - KWI 9 - Sports hall - KWH/CBU 10 - Fitness suite - MPO</p>	
<p>Changing spaces for school clubs</p>		<p>Y7 - CHANGE IN SPORTS HALL CHANGING ROOMS</p> <p>Y8 - CHANGE IN DANCE CHANGING ROOMS</p> <p>Y9 - CHANGE IN JNS CHANGING ROOMS</p> <p>Y10 - CHANGE IN PE/PA CLASSROOMS</p>	<p>Y7 - CHANGE IN SPORTS HALL CHANGING ROOMS</p> <p>Y8 - CHANGE IN DANCE CHANGING ROOMS</p> <p>Y9 - CHANGE IN JNS CHANGING ROOMS</p>	<p>Y7 - CHANGE IN SPORTS HALL CHANGING ROOMS</p> <p>Y8 - CHANGE IN DANCE CHANGING ROOMS</p> <p>Y9 - CHANGE IN JNS CHANGING ROOMS</p> <p>Y10 - CHANGE IN PE/PA CLASSROOMS</p>	
<p>Sessions may be postponed on a weekly basis due to staff meetings which take place in line with the school calendar – please check the school weekly bulletin to confirm on a weekly basis. Also please see @brakenhalepe on twitter and instagram for updates on school clubs and fixtures. All of these sessions are open, with all students in the listed year groups welcome to attend. Please see PE staff or email pe@brakenhale.co.uk for more information on our clubs!</p>					


PE Champions

Please see who has been an amazing an PE Champion this week.


PE CHAMPIONS OF THE WEEK







Week of: 07/06/2021



Staff	Student	Tutor
Mr Potter	James Freeman	9B
Mr Maye	Stephanie Brown	9A
Mrs Lazarczuk	Annie White	8H
Mr Boucher	Paolo Solinas	8N
Miss Rushby	Georgia Wilkins	8H
Ms Wilson	Mia Fisher	7E
Miss Butler	Michalina Lichnowska	7H
Miss Burgess	Frazer Hamilton	8B

Well done!

#teambrokenhale #brakenhalepe

Assessment: ME in PE: In the summer term it is Physical ME and Leading ME

'ME in PE'	
Physical ME	
1	Executes the correct technical model for core skills in an isolated situation
2	Works in lesson to show effects of short term exercise on the body
3	Takes part in a tactical scenario set up and delivered by the teacher
4	Executes the correct technical model for advanced skills in an isolated situation
5	Executes the correct technical model for core skills in a conditioned situation
6	Works in lesson to show effects of steady state exercise on the body
7	Takes part in a tactical scenario taught by the teacher
8	Executes the correct technical model for advanced skills in a conditioned situation
9	Executes the correct technical model for core skills in a fully competitive situation
10	Works in lesson to show the effects of long term exercise on the body
11	Sets up and takes part in a tactical scenario on own
12	Executes the correct technical model for advanced skills in a fully competitive situation

'ME in PE'	
Leading ME	
1	Helps take equipment out to lesson and set it up
2	Uses equipment in the lesson to measure and record own and others' work
3	Demonstrates to another student technical models of skills to be used in lesson
4	Demonstrates to another student technical models of skills learnt in lesson
5	Leads a small group in a warm up/cool down
6	Leads a small group in a skill based situation
7	Leads a small group in a conditioned situation
8	Leads a small group in a competitive situation
9	Teaches a skill to a partner 1-2-1
10	Teaches a skill to a small group
11	Teaches a skill to a large group
12	Teaches a skill to the whole class

**WE KNOW YOU LOVE PE
SO WHY NOT GET SOME MORE!!!**

Checkout our extra curricular Clubs
Get yourself down for another
session of PE!!!!

PE KIT

**PLEASE DON'T FORGET TO NAME ALL
YOUR PE KIT, BELONGINGS AND BAG!**

Please hand in all lost property to Mrs McCrorie in the book room/LRC - First floor. Thank you.

High Expectations and Challenge · #teambrokenhale

Mr M Potter, Head of PE and Mr C Maye, Second in PE



Follow us . . .
On Twitter & Instagram:



@brakenhalepe
#teambrokenhale
#brakenhalepe #bekind

Extra Curricular Clubs – Non Sporting



BRAKENHALE SCHOOL

High Expectations and Challenge

Rectory Lane
Bracknell
Berkshire
RG12 7BA

NON-SPORTING EXTRA CURRICULAR CLUBS SUMMER TERM 2020-21

DAY	TIME	CLUB	YEAR GROUP	LOCATION	TEACHER IN CHARGE
Monday	3.05 – 4.00	Homework Club	All Years	LRC	Mrs Daniels
Tuesday	3.05 – 4.00	SPARX and Hegarty Club	All Years	B14	Mrs Smith / Mrs Turner
	3.05 – 4.00	Homework Club	All Years	LRC	Mrs Daniels
	3.05 – 4.00	Year 8 Drama Club <i>Week B only</i>	Year 8	Drama Studio L01	Miss Cullip
	3.20 – 5.20	CCF	Invite only	Tennis Courts/ Astro	Mr Bury
Wednesday	3.05 – 4.00	Homework Club	All Years	LRC	Mrs Daniels
Thursday	3.05 – 4.00	Homework Club	All Years	LRC	Mrs Daniels
	3.05 – 4.00	Year 7 Drama Club <i>Week B only</i>	Year 7	Drama Studio L01	Miss Cullip
Friday	1.30 – 2.00	Young Interpreters Club	Year 7	F05	Mrs Fandi
	3.05 – 4.00	Identity Club	All Years	F10	Miss Bunkell/Mrs Lewis
	3.05 – 4.00	Homework Club	All Years	LRC	Mrs Daniels

Students should check with Teacher in Charge to sign up to clubs

House Points this Week

We continue to recognise the hard work that our students are doing through our House System by issuing House Points. It has been amazing to see so many of our students rewarded with many achievement points this week across the departments.

Keep up the Hard work! Congratulations to everyone who has gained house points this week:

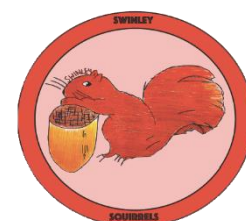
Achievement Points This Week						
	Year 7	Year 8	Year 9	Year 10	Year 12	Total
Academic Points	423	413	521	240	0	1597
Aspiration Points	0	5	0	0	0	5
Community Points	27	40	22	4	1	94
Community Points Out and About MDS	11	2	0	8	0	21
Culture Points	11	24	26	0	0	61
Leadership Points	40	1	0	0	0	41
Physical Points	117	32	76	75	0	300
Total	629	517	645	327	1	2119

House Points		This Week				
	Year 7	Year 8	Year 9	Year 10	Year 12	Total
Farley (BLUE)	153	117	146	85	1	502
Jennetts (YELLOW)	159	129	148	75	0	511
Swinley (RED)	158	117	184	94	0	553
Temple (GREEN)	159	154	167	73	0	553
Total	629	517	645	327	1	2119



House
Winners

Temple and Swinley



Identity



Have you ever told a friend a secret, something about yourself that you were worried, confused about or scared of?

Are there others like me?
Will people understand and accept me?
How do I tell people?

For Lesbian, Gay, Bisexual and Trans people telling someone they're LGBT can feel like sharing their biggest secret, and not knowing if the person they're going to tell will understand it, keep it private, or if they will still be friends with them once they've said it.

LGBT...? **WHAT DOES THAT MEAN?**

- **Lesbian:**
A woman who is emotionally, romantically, and/or physically attracted to other women.
- **Gay:**
A person who is emotionally, romantically, and/or physically attracted to people of the same gender.
- **Bisexual:**
An individual who is emotionally, romantically, and/or physically attracted to people of their own gender and different genders.
- **Trans:**
An umbrella term describing a person's gender identity that does not necessarily match their sex given at birth.

There are lots and lots of identities, check out the Coming Out page on our website for an even bigger list!

When someone comes out to you,

...YOU MIGHT FEEL...

- not sure what to say
- uncomfortable
- concerned for the person
- like you want to help them
- honoured

WHAT NOT TO SAY...

- "You are just confused"
- "You are just going through a phase"
- "You don't 'look' or 'act' lesbian/gay/bisexual/trans"
- "I LOVE gay people"
- "I always knew you were L/G/B/T"

WHAT CAN YOU DO TO HELP?

BEFORE SOMEONE COMES OUT:

- Don't judge people, create spaces where people can be themselves
- Challenge homo/bi/transphobia when you see and hear it
- Talk about LGBT people and celebrities in a positive way
- Get the knowledge e.g. reading resources like this!

WHEN SOMEONE COMES OUT TO YOU:

- Don't overreact or make a big deal out of it
- Thank them for trusting you, let them know you won't tell anyone without their permission
- If someone comes out to you as trans, ask which pronouns (she, he, they) they would like you to use for them
- Don't ask rude or really personal questions
- Remind them you're there if they do need to talk or for support
- Don't try to compare them to others and don't make assumptions!
- Let them know where their nearest LGBT youth group is

"I am happy to be trans, happy to be me."

"Before I came out, I said I was in a relationship. My friend said, "oh what's their name?", and the fact my friend hadn't said, 'his name' or 'her name' made it so much easier for me".

WHERE YOU LIVE (Race, Sexuality, Gender, Family, Culture, Age, Faith)

GENDERBREAD

IDENTITY (Orientation, Sex, Expression)

Have a go at plotting yourself on the genderbread person!
Have you always identified this way?
For lots of people, Identity is something which develops and changes through their lives and for some people it stays the same.

GENDER IDENTITY (WOMAN, NON-BINARY, MAN)
Your gender identity is how you think about yourself, the gender that you identify with and/or feel that you are. Some people feel as though they do not have a gender at all, and may refer to themselves as gender or non-gendered.

GENDER EXPRESSION (FEMININE, ANDROGYNOUS, MASCULINE)
This is how you display your gender and is demonstrated through the ways that you act, dress, behave and interact in the world, in relation to the gender expectations of your society.

BIOLOGICAL SEX (FEMALE, INTERSEX, MALE)
This is usually determined at birth, based on observation of your genitals. However, your chromosomes, hormones, penis and internal sex organs also contribute to the make-up of your biological sex.

SEXUAL ORIENTATION (ATTRACTED TO WOMEN, BI/PANSEXUAL, ATTRACTED TO MEN)
The types of people, (often based on gender,) that you find yourself attracted to, can help you determine your sexual orientation. Attraction can be emotional, sexual, physical and/or spiritual. Some people experience little or no sexual attraction, and may refer to themselves as asexual.

COMING OUT
Coming out is different for everyone, some people...

- ...may not be out to themselves yet
- ...may only be out to themselves
- ...will only be out to you and a few friends
- ...like to be publicly out everywhere, like wearing rainbow badges and going on a Pride Parade
- ...might like to come out in an email, text or personal letter

"The first time I came out, it felt so liberating. I didn't realise though that it was something I would have to do over, and over and over again, for the rest of my life".

"I didn't choose to be gay, I don't know anyone who would choose to go through the homophobia, biphobia and transphobia LGBT people have every day".

"When people ask me when I chose to be gay, I ask them when they chose to be straight".

Everyone is unique, we shouldn't pressure people to decide on an identity. For lots of people, Identity is something which changes and evolves throughout their lives!

The Proud Trust is a LGBT youth organisation. We provide;

- ★ LGBT youth groups
- ⦿ Trans youth group and support
- ⦿ One-to-one support
- ⦿ Workshops in schools and youth groups
- ⦿ Training for adults and young people
- ⦿ Links with LGBT youth groups across the UK
- ⦿ Black and Asian LGBT youth group

Thanks to the young people at The Proud Trust and peer mentors at Parrs Wood School for helping us design and write this resource!

You can find out more information on our website and can find out about your local LGBT youth group too:

• THEPROUDTRUST.ORG •

You can also contact us here *...or on* info@theproudtrust.org

the PROUD TRUST
FIND US ON FACEBOOK | @THEPROUDTRUST | 07813 981338

LOTTERY FUNDED

Mrs Lewis, Identity

SPORT4KIDS
ACTIVITY CAMP **S4K**
 The S4K Way

Brakenhale School
Bracknell

BOOK NOW @
www.sport4kids.biz
 or
 0300 303 8866

Activities Include:

- ◆ MAKING NEW FRIENDS
- ◆ INDOOR ARCHERY
- ◆ FOOTBALL
- ◆ **NERF** & TARGET GAMES
- ◆ DODGEBALL GAMES
- ◆ BENCHBALL
- ◆ HOCKEY
- ◆ TAG RUGBY
- ◆ TEAM CHALLENGES
- ◆ BASKETBALL
- ◆ CRICKET & TENNIS
- ◆ OUTDOOR LEARNING
- ◆ ARTS & CRAFTS
- ◆ DANCE & MUSICAL GAMES
- ◆ AND MUCH MORE

Half terms & holidays
 Ages: 5-13 Years
 8am - 6pm

www.sport4kids.biz

SPORT4KIDS

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Brakenhale School
Rectory Lane, Bracknell RG12 7BA

£32 per day / £125 for five days

**10% Discounts for S4K Members, NHS,
 Brakenhale School families and Armed Forces**

5% Sibling Discount

TIMES:
08:00 - 18:00
 Children can be dropped
 off and picked up at
 anytime in a camp day

AGES:
5-13 years old
 Children will be split into
 different age groups where
 appropriate

Ofsted
 Registered

25% Early Bird Discount*
 Use code: **EARLYBIRD25**

We apply COVID-19 safety protocols

*Bookings made more than 4 weeks ahead. Only one discount may be applied to each booking.

Binfield Cricket Club
www.binfieldcricketclub.co.uk

Girls Cricket

Women's cricket is one of the fastest growing sports with ever-increasing media coverage and nationwide initiatives to encourage more women and girls to take up the sport. We currently have a thriving girls' section but we're always keen to recruit more players of all ages (7+) so if you fancy giving cricket a try please get in touch.

What we currently offer

- U11 – Girls softball cricket
- U13 – Girls softball cricket
- U15 – Girls hardball cricket

Fixtures arranged May - July

When

Monday evenings from 30th April (weather dependent) – exact timings to be confirmed.

Where

Binfield Cricket Club
 Forest Road
 Binfield
 RG42 4DU

More Information

To confirm attendance or request further information, please e-mail Rob Carson
robcarson@virginmedia.com

twitter.com/Binfield_cc

facebook.com/binfieldcc/

instagram.com/binfieldcricket/

School Dining Hall

The School Dining Hall is open daily for all students as follows:



- 7.45-8.30:** Breakfast which includes:
Fresh Fruit / Yoghurt bar / Cereals / Bacon or Sausage Rolls / Danish Pastries / Hot Chocolate
- 10.00-11.30:** Break-time (staggered)
- 12.30-2.00:** Lunch-time (staggered)
- 3.05:** Any unsold food may be purchased at half price by cash or account

Our in-house caterers have a fresh approach to food and we have a number of different meal deals and a hot school meal, which includes either a drink or a pudding.

A selection of sandwiches, pizza slices, salad and pasta are also available.

More information and sample menus are available on www.brakenhale.co.uk/pastoral-support/parent-zone/

There is a 3 week menu rotation, please see below. Next week (18th June) will be week 3:

 Brakenhale School Menu 2020/21 										
Week 3	Monday	Allergen	Tuesday	Allergen	Wednesday	Allergen	Thursday	Allergen	Friday	Allergen
Option 1	BAF * Meatballs In Rich Tomato Sauce	Containing Gluten	BFA * Chicken Tikka Masala	Containing Gluten, Celery, Mustard	BFA * Roast Turkey Yorkshire Pudding	Gluten, Dairy, Egg	BFA * Beef Lasagne	Containing Gluten, Dairy	MSC * Battered Baked Fish & Chicken Nuggets, Sausage	Allergen Cereal Containing Gluten, Egg, Fish
Option 2	Feta Cheese Roasted Pepper Frittata	Containing Gluten, Dairy, Egg	Chickpea Curry, Naan Bread	Gluten, Celery, Mustard	Vegetarian Sausage & Mash Potatoes	Gluten, Soya, Dairy	Tex Mexican Vegetarian Burrito	Containing Gluten, Dairy	Broccoli & Tomato Quiche	Cereal Containing Gluten, Dairy, Egg
Carbohydrates	Penne, Spirals Pasta	Gluten	Basmati Rice	N/A	Roast Potatoes	N/A	Spicy Wedges	Containing Gluten	Chunky Oven Chips	Cereal containing gluten, soya
Vegetables Of the day	Green Salad Green Beans	N/A	Cauliflower & Broccoli	N/A	Roasted Carrots & Parsnips	N/A	Sweetcorn Courgettes	N/A	Garden Peas Baked Beans	N/A
Dessert	Cocoa Cake & Custard	Containing Gluten, Egg, Dairy	Carrot Cake & Cream	Dairy, Gluten, Egg	Banana Cake Cocoa Sauce	Containing Gluten, Egg, Dairy	Fruit Jelly	N/A	Warm Waffles & Syrup	Containing Gluten, Egg

- BFA (British Farm Assured)
- MSC (Marine Stewardship Council)

Catering provided by school is cooked fresh on the school site each day. Please contact the school office for more information or to discuss any dietary requirements.
The daily offer includes: Wholemeal bread, fresh homemade salads, a variety of seasonal fresh fruit, yogurts, jacket potatoes with a choice of toppings including Tuna Mayo, Cheese or Baked Beans.

Taz Asran, Chef Manager

Free School Meals

The Admissions Department of Bracknell Forest Council handles the authorisation and administration of Free School Meals. If you think your son/daughter may qualify, please complete the Bracknell Forest Council application form via the link below.

www.bracknell-forest.gov.uk/.../how-do-i-apply-free-school-meals

It is worthwhile applying for Free School Meals entitlement even if your child does not require a school lunch because your son/daughter may receive financial assistance with other school related expenses.

During lockdown weekly food parcels can be collected from Main Reception between 10am and 12noon.

Taz Asran, Chef Manager

Action for Happiness

Find out more information here : <https://www.actionforhappiness.org/>

Joyful June 2021

This month's theme is all about finding the joy in life, even when things are difficult. Research has shown that experiencing positive emotions in a 3-to-1 ratio with negative ones leads to a tipping point beyond which we naturally become more resilient to adversity. So let's train our brains to find the joy.

Joyful June 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Decide to look for what's good every day this month	2 Say positive things in your conversations with others	3 Re-frame a worry and try to find a helpful way to think about it	4 Take a photo of something that brings you joy and share it	5 Think of 3 things you're grateful for and write them down	6 Get out into green space and feel the joy that nature brings	
7 Do something healthy which makes you feel good	8 Find joy in music: sing, play, dance, listen or share	9 Ask a friend what made them happy recently	10 Bring joy to others by doing something kind for them	11 Eat good food that makes you happy and really savour it	12 Write a gratitude letter to thank someone	13 Take a light-hearted approach. Choose to see the funny side
14 Share a happy memory with someone who means a lot to you	15 Look for something to be thankful for where you least expect it	16 Speak to others in a warm and friendly way	17 Take time to notice things that you find beautiful	18 Look for something good in a difficult situation	19 Get outside and find the joy in being active	20 Rediscover and enjoy a fun childhood activity
21 Send a positive note to a friend who needs encouragement	22 Watch something funny and enjoy how it feels to laugh	23 Create a playlist of uplifting songs to listen to	24 Bring to mind a favourite memory you feel grateful for	25 Show your appreciation to people who are helping others	26 Make time to do something playful, just for the fun of it	27 Be kind to you. Do something that brings you joy
28 Notice how positive emotions are contagious between people	29 Share a friendly smile with people you see today	30 Make a list of the joys in your life (and keep adding to it)				

ACTION FOR HAPPINESS **Happier · Kinder · Together**

Fundraising

Easy Fundraising

With easyfundraising.org.uk you collect free donations to your selected cause every time you shop. You can make a big difference on everything from groceries to getaways and it doesn't cost you a penny!

When you shop the easyfundraising way with one of their 3083 shops and sites they give easyfundraising a commission for your purchase which is turned into a donation for your selected good cause.

When you visit the website easyfundraising.org.uk - simply search for the retailer you want to shop with and click out to them using the green 'Go Shopping' button. You will be taken straight to the retailer's website and your experience will be identical as if you had gone there directly but easyfundraising will be able to track your purchase to ensure a donation for your good cause.

You can also install their Donation Reminder - this means a box will appear if you are shopping with a retailer who participates in the Donation Reminder and you don't even need to visit the easyfundraising site! All you need to do is click Activate Donations and any eligible purchase will be recorded for you. Take a look at the Donation Reminder [here](#). The Donation Reminder is supported by Chrome, Firefox, Internet Explorer and Safari but can't work on mobile phones or tablets.

Shopping on your mobile? No problem, for mobile phones and tablets there is the handy easyfundraising App, perfect if you like to shop on the go and available completely free of charge from your App store. Now you can not only shop using it but you can check out your own donation total and see how your cause is getting on too. More information can be found [here](#).



Friends of Brakenhale

Our tax-free fundraising campaign page is now live:

<https://uk.virginmoneygiving.com/charity-web/charity/displayCharityCampaignPage.action?campaignId=9819&charityId=1018027>

Friends of Brakenhale

Friends of Brakenhale support the raising of additional funds to support the Brakenhale School community. Please help us to raise money by supporting our events. Any donation small or large will help to directly support the school and local community.

School Lottery

Congratulations to the most recent prize draw winners.

Thank you to everyone who has signed up to our school lottery. We are continually looking to increase new members each month, so if you have not signed up yet now is your chance to do this.

There is a weekly draw in which you could win a prize (approximately £20 depending on participants, which increases the more members we have). Plus you have a weekly chance to win up to £25,000.

There is also a chance to win restaurant vouchers this summer.

Click on the link today and join up: [Support the Brakenhale Lottery](#) You have to be in it to win it.



Vacancies



- Receptionist / Admin Assistant
- Science Teacher
- Computer Science/Business Teacher
- Senior Science Technician
- Invigilator
- Intervention Coordinator
- Teaching Assistant

Please visit our website for more details:
<https://brakenhale.co.uk/about/vacancies/>

Feedback Initiative

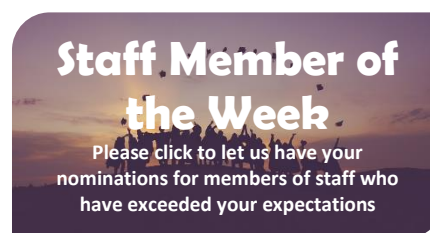
We would encourage you to submit your views and feedback at any time, and we look forward to hearing from you regularly. **Electronic submission:**



[Fab](#)



[Drab](#)



[Staff Member of the Week](#)

Future Diary Dates

* Please note that all events may be subject to change

Monday 21st June	Year 10 and 12 PPEs start
Wednesday 23rd June	Year 9 Army Engagement Programme Sixth Form Transition Day 1
Friday 25th June	PGL Weekend
Monday 28th June	School Nurse Drop-in Clinic, lunchtime
Monday 5th July	Raising and Giving (RAG) Week

Term Dates 2020-21

SUMMER TERM 2021

Monday 19th April – Friday 16th July 2021

Summer Half Term - Monday 31st May to Friday 4th June 2021

Monday 19th, Tuesday 20th and Wednesday 21st July 2021 **Inset Days**

Summer Holiday: Thursday 22nd July 2021

INSET Days Monday 19th, Tuesday 20th and Wednesday 21st July 2021

Term Dates 2021-22

AUTUMN TERM 2021

Wednesday 1st and Thursday 2nd September 2021 **Inset Days**

Friday 3rd September (Year 7 only) – Friday 17th December 2021

Autumn Half Term - Monday 25th to Friday 29th October 2021

Christmas Holiday: Monday 20th December 2021 to Monday 3rd January 2022

SPRING TERM 2022

Tuesday 4th January – Friday 1st April 2022

Spring Half Term - Monday 14th February to Friday 18th February 2022

Spring Holiday: Monday 4th to Monday 18th April 2022

(Good Friday 15th April, Easter Monday 18th April)

SUMMER TERM 2022

Tuesday 19th April – Tuesday 19th July 2022

Summer Half Term - Monday 30th May to Friday 3rd June 2022

Wednesday 20th, Thursday 21st and Friday 22nd July 2022 **Inset Days**

Summer Holiday: Wednesday 20th July 2022

(May Bank Holiday Monday 2nd May 2022)

INSET Days Wednesday 1st and Thursday 2nd September 2021
Wednesday 20th, Thursday 21st and Friday 22nd July 2022

Please check the school website regularly for current information.

Bracknell Forest term dates can be found on their website:

<https://www.bracknell-forest.gov.uk/schools-and-learning/schools/term-dates>



#challengeforall

Brakenhale School, Rectory Lane, Bracknell, Berkshire RG12 7BA

☎ 01344 423041 ~ ✉ mainreception@brakenhale.co.uk ~ 🌐 www.brakenhale.co.uk