

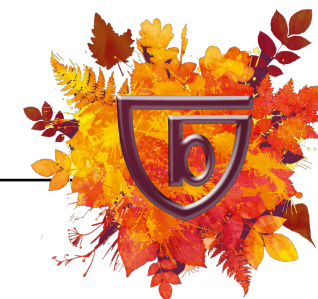


BRAKENHALE Subjects at a Glance

Physical Education - Core PE

Students attend PE in half year groups at a time, with multiple groups taking part in lessons at once. Groups will use a variety of spaces and take part in a variety of activities throughout the year on a rotation basis. Below is a broad outline of what they may take part in and the spaces they may use.

| | Autumn Term | | Spring Term | | Summer Term | |
|------------|--|---|---|--|--|---|
| 'ME' in PE | Physical and Social ME | | Physical and Thinking ME | | Physical and Leading ME | |
| | Spaces used: | Activities taught: | Spaces used: | Activities taught: | Spaces used: | Activities taught: |
| Year 7 | Field Sports hall Trampoline centre Astro turf Courts MUGAs | Rugby (Contact, Touch and Tag) Netball | Field Sports hall Trampoline centre Astro turf Courts Fitness suite MUGAs | Multi skills Football Trampolining Handball Table Tennis Badminton OAA | Field Sports hall Trampoline centre Astro turf Courts MUGAs | Tennis Athletics Rounders Cricket Trampolining Multi skills OAA |
| Year 8 | | Badminton Table tennis Hockey Multi skills Football | | | | |
| Year 9 | | Trampolining OAA | | | | |



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| | Autumn Term | | Spring Term | | Summer Term | |
|---------|---|--|---|--|---|--|
| | Spaces used: | Activities taught: | Spaces used: | Activities taught: | Spaces used: | Activities taught: |
| Year 10 | Field Sports hall Trampoline centre Astro turf Courts Fitness suite MUGAs | Rugby (Contact, Touch and Tag) Netball Badminton Table tennis Hockey Multi skills Football Trampolining OAA | Field Sports hall Trampoline centre Astro turf Courts Fitness suite MUGAs | Multi skills Football Trampolining Handball Table Tennis Badminton OAA | Field Sports hall Trampoline centre Astro turf Courts Fitness suite MUGAs | Tennis Softball Athletics Rounders Cricket Trampolining Multi skill OAA |



BRAKENHALE Subjects at a Glance

Physical Education - Exam PE

| | Autumn Term | | Spring Term | | Summer Term | |
|----------------------------|--|--|---|---|---|---|
| Year 10 BTEC Sport | Unit 6 - Leading Sports Activities | Unit 6 - Leading Sports Activities | Unit 6 - Leading Sports Activities | Unit 1 - Fitness for Sport & Exercise | Unit 1 - Fitness for Sport & Exercise | Unit 2 - Practical Sport |
| Year 11 BTEC Sport | Unit 2 - Practical Sport | Unit 2 - Practical Sport | Unit 3 - Training for Personal Fitness | Unit 3 - Training for Personal Fitness | Unit 3 - Training for Personal Fitness | |
| Year 10 GCSE PE | Paper 1 - Anatomy & Physiology | Paper 1 - Anatomy & Physiology | Paper 1 - Physical Training | Paper 1 - Physical Training | NEA - Analysis & Evaluation of Performance | NEA - Physical Activity Assessment |
| Year 11 GCSE PE | NEA - Analysis & Evaluation of Performance | Paper 2 - Socio Cultural Influences | Paper 2 - Sports Psychology | Paper 2 - Health, Fitness & Wellbeing. | Paper 1 & 2 Revision | |
| Year 10 CNAT Sport Science | R182 - body's response to exercise and how technology' informs this | R182 - body's response to exercise and how technology' informs this | R181 - applying the principles of training, fitness and how it affects skill performance | R181 - applying the principles of training, fitness and how it affects skill performance | R181 - applying the principles of training, fitness and how it affects skill performance | R181 - applying the principles of training, fitness and how it affects skill performance |
| Year 11 CNAT Sport Science | R180 - reducing the risk of injuries and dealing with common medical conditions | R180 - reducing the risk of injuries and dealing with common medical conditions | R180 - reducing the risk of injuries and dealing with common medical conditions | R180 - reducing the risk of injuries and dealing with common medical conditions | R180 - reducing the risk of injuries and dealing with common medical conditions | |



BRAKENHALE Subjects at a Glance

| | Autumn Term | | Spring Term | | Summer Term | |
|------------------------|---|---|--|---|--|---|
| Year 12 Sports Leaders | Unit 1 – Developing leadership skills | Unit 2 – Lead safe sport/physical activity sessions | Unit 3 – Know how to plan inclusive sport/physical activity sessions | Unit 4 – Plan, lead and evaluate a progressive series of inclusive sport/activity sessions | Unit 5 – Plan, lead and evaluate a sports/physical activity event | Unit 6 – Demonstrate leading inclusive sport/physical activity sessions to a range of participant groups |
| Year 12 CTEC Sport | Unit 1 - Body Systems and the effects of Physical Activity Unit 2 - Sports Coaching and Leadership | Unit 1 - Body Systems and the effects of Physical Activity Unit 2 - Sports Coaching and Leadership | Unit 3 - Sports Development Unit 2 - Sports Coaching and Leadership | Unit 3 - Sports Development Unit 2 - Sports Coaching and Leadership | Unit 3 - Sports Development Unit 2 - Sports Coaching and Leadership | Unit 1 - Body Systems and the effects of Physical Activity Unit 2 - Sports Coaching and Leadership |
| Year 13 CTEC Sport | Unit 3 - Sports Development Unit 8 - Sports Events | Unit 3 - Sports Development Unit 8 - Sports Events | Unit 17 - Sports Injuries Unit 8 - Sports Events | Unit 3 - Sports Development Unit 17 - Sports Injuries | Unit 3 - Sports Development Unit 17 - Sports Injuries | |